

BREAKFAST MENU

FRUIT JUICES
(ORANGE, APPLE, GRAPEFRUIT)

CEREALS

MUESLI

HOMEMADE FRUIT SALAD

POACHED FRUIT

YOGHURT

SELECTION OF CHEESES

WE STRIVE TO USE ONLY THE VERY BEST LOCAL PRODUCE
FOR OUR BREAKFASTS.

CORNISH COOKED BREAKFAST

CORNISH GRILLED BACON, CORNISH SAUSAGES, GRILLED
TOMATOES AND SAUTÉED MUSHROOMS.
FREE RANGE EGGS - FRIED OR SCRAMBLED

OR

BOILED EGGS

OR

LOCALLY SMOKED TREGIDA SALMON WITH SCRAMBLED
EGGS

TOAST WITH

MARMALADE. PRESERVES AND CORNISH HONEY

FAIRTRADE TEAS AND COFFEE

CLIPPER ENGLISH BREAKFAST TEA
SELECTION OF FRUIT & HERB TEAS
ORGANIC COFFEE - PAPUA NEW GUINEA
ORGANIC ARABICA DECAFFEINATED COFFEE
CLIPPER FAIRTRADE HOT CHOCOLATE